

Supplement Facts

Serving Size 1 Capsule

Serving Per Container 90

Amount per serving 1 Capsule

% Daily
Value

Amount
Per Day
(3 capsules)

% Daily
Value

Amount per day(3 capsules)

Vitamin A	4167 IU	83%	12,500 IU	250%
Vitamin C	166 mg	278%	500 mg	833%
Vitamin D	67 IU	17%	200 IU	50%
Vitamin E	67 IU	222%	200 IU	667%
Thiamin	8.3 mg	556%	25 mg	1667%
Riboflavin	8.3 mg	488%	25 mg	1470%
Niacin	25 mg	125%	75 mg	375%
Vitamin B6	8.3 mg	415%	25 mg	1250%
Folic Acid	67 mcg	17%	200 mcg	50%
Vitamin B12	17 mcg	278%	50 mcg	833%
Biotin	25 IU	9%	75 mcg	25%
Pantothenic Acid	17 mg	166%	50 mg	500%
Calcium	166 mg	17%	500 mg	50%
Iron	1.65 mg	9%	5 mg	28%
Iodine	25 mcg	17%	75 mcg	50%
Magnesium	83 mg	21%	250 mg	63%
Zinc	5 mg	33%	15 mg	100%
Selenium	25 mcg	36%	75 mcg	107%
Copper	334 IU	17%	1 mg	50%
Manganese	1 mg	43%	3 mg	125%
Chromium	34 mcg	28%	100 mcg	83%
Molybdenum	25 mcg	33%	75 mcg	100%
Potassium	16 mg	1%	50 mg	2%
PABA	5 mg	**	13 mg	**
Choline Bitartrate	34 mg	**	100 mg	**
Inositol	34 mg	**	100 mg	**
Citrus Bioflavonoids Complex	14 mg	**	50 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.